

101 Worthington Street East, Suite 432, North Bay, ON P1B 1G5
Ph: (705)-478-8664 • E-mail: contact@bianba.ca • Website: http://www.bianba.ca Registered as a Canadian Charitable Organization. Registration #857126148RR0001



Welcome to the BIANBA Directory of ABI Services!

This Directory consists of listings of local businesses, Professionals and non-profit groups that acquired brain injury survivors and caregivers may find helpful. We only publish information with the knowledge and permission of the participants. If you know a business, Professional or non-profit group that would like to be included, please have them contact us at 705-478-8664, or contact@bianba.ca.

Please note that this Directory will be an ongoing project, and will require regular maintenance. If you find that any information in this Directory is incorrect, please let us know so that we can fix it. We also expect that, over time, more listings will be added. Please check back often!

COUNSELLING

Amelia Rising Sexual Assault Centre of Nipissing/Centre d'Agressions Sexuelles de Nipissing

101 Worthington Street East, Suite 11 (lower level)

North Bay, ON P1B 1G5 <u>Phone:</u> 705-840-2403 Fax: 705-840-5050

Website: www.ameliarising.ca

Amelia Rising provides individual and group counselling for women and transgendered people age 16 and over, who have experienced recent sexual assault and/or childhood sexual abuse.

DENTAL CARE

Dentistry on Airport Phone: 705-472-1771

FOOD/HEALTHY EATING

North Bay Food Bank

1016 Fisher Street North Bay, ON P1B 2G4 Phone: 705-495-3290 Fax: 705-495-0413

Website: www.northbayfoodbank.com

Provide food hampers with 1-3 days of groceries.



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FOOD/HEALTHY EATING CONTINUED...

North Bay Warming Centre

Suite 100

480 Fisher Street

North Bay, ON P1B 9M9 Phone: 705-492-0274

Facebook: @NorthBayWarmingCentre

Providing meals and warm shelter during cold temperatures.

The Gathering Place

392 Algonquin Avenue North Bay, ON P1B 4W3 Phone: 705-474-7687

Website: www.thegatheringplacenorthbay.ca

The Gathering Place provides five breakfasts and five lunches a week, Monday to Friday. Breakfast runs from 9:00 to 10:00, lunch from 11:30 to 1:15. We also provide three supper meals – Monday, Friday and Saturday from 4:00 to 5:30.

The Good Food Box

Phone: 249-358-0925

Email: goodfoodboxnipissing@gmail.com Facebook: "Good Food Box Nipissing"

The Good Food Box provides boxes of fresh fruits and vegetables at an affordable price and at convenient locations

HEALTH CARE MANAGEMENT

North East Local Health Integration Network (NE LHIN) – formerly CCAC

555 Oak Street East, 3rd Floor

North Bay, ON P1B 8E3 <u>Phone</u>: 705-310-2222 Fax: 705-840-0142

Website: www.nelhin.on.ca

Home and Community Care services, Mental Health and Addictions services. We accept all referrals.

MEDICAL CARE

Phil's Lakeshore Telemedicine Walk-in Clinic

Phone: 705-476-4016



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MEDICAL EQUIPMENT

Mobility in Motion

#10 – 191 Booth Road North Bay, ON P1A 4K3

Phone: 1-866-988-5613 or 705-707-2150

Fax: 705-495-6020

Website: www.mobilityinmotion.net

Mobility in Motion has seven locations throughout Ontario. We sell wheelchairs, scooters, stairlifts, porch lifts, accessible vehicles, ceiling lifts, daily items, lift chairs, hand controls, walkers, and more.

MENTAL HEALTH CARE

People for Equal Partnership in Mental Health ("PEP")

351 Ferguson Street, 3rd Floor North Bay, ON P1B 1X1

Phone: 705-494-4774 Fax: 705-494-4775

Website: www.pepplace.org

PEP provides peer support, self-help groups, social/educational/recreational activities to individuals with mental health and addiction issues.

REHAB SERVICES

March of Dimes Canada Acquired Brain Injury Services

310 – 222 McIntyre St. West North Bay, ON P1B 2Y8 Phone: 705-498-6296 ext. 21

Fax: 705-498-6337

Website: www.marchofdimes.ca

Specialized case managers and rehabilitation professionals work with family members, friends, other service providers and clients directly to improve: daily living skills, communication, community orientation and integration, emotional and behavioural support, life skills training, vocational support, recreation opportunities and more.



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REHAB SERVICES CONTINUED...

Martel & Mitchell Rehabilitation Inc.

760 Cassells Street North Bay, ON P1B 4A4 <u>Phone</u>: 705-494-8975 Fax: 705-494-4836

Website: www.martelmitchell.ca

Martel & Mitchell Rehabilitation operate four multi-disciplinary clinics in the North Bay area. Services include Physiotherapy, Occupational Therapy, Massage, and Acupuncture. Our Cassells Street location also offers Aquatic Therapy in our pool. Other locations include:

Powassan — 8 King Street Fast, Powassan, ON POH 170, 705-724-9851

Powassan – 8 King Street East, Powassan, ON P0H 1Z0, 705-724-9851

Mattawa - 217 Turcotte Park Road, Mattawa, ON P0H 1V0, 705-744-5511 ext 2244

North Bay Regional Health Centre – 50 College Drive, North Bay, ON P1B 5A4, 705-495-8105

PT Works

Phone: 705-497-9099

SHELTER

North Bay Warming Centre

Suite 100 480 Fisher Street North Bay, ON P1B 9M9 Phone: 705-492-0274

Facebook: @NorthBayWarmingCentre

Providing meals and warm shelter during cold temperatures.